

AFL CAIRNS JUNIORS AGE GROUP BREAKDOWN 2020





MIXED UNDER 8

INTRODUCTORY

GROUND SIZE 80m x 60m	FOOTBALL SIZE 1 - Synthetic
✓ ZONES 3	
9-A-SIDE	
BREAKS 3min 5min 3min	
SCORING No scores, ladders or finals permitted	
RESULTS No recording of best players or goal kickers No individual player awards	
⊗ NO REPRESENTATIVE TEAMS	



- Tackling
- Bumping
- Barging
- Smothering
- Fending off
- Shepherding
- Stealing the ball
- Deliberate out of bounds
- Deliberately rushed behind

BOUNCING THE BALL 1 max	
KICKING OFF THE GROUND Not permitted unless accidental	
OUT OF BOUNDS From a kick, a free is awarded against the player who last kicked the ball. From hands, or if doubt the umpire shall call a ball up 10m in from boundary	
MARKING Any distance, reasonable attempt	
PENALTIES No distance penalty applies. Players can be ordered off at the umpire's discretion	
FIELD UMPIRES Club/Coach (1)	BOUNDARY UMPIRES None
GOAL UMPIRES Club (2)	COACHES On field



MIXED UNDER 9&10

DEVELOPMENT

GROUND SIZE 100m x 80m	FOOTBALL SIZE 2 - Synthetic
✓ ZONES 3	
12-A-SIDE	
BREAKS 3min 5min 3min	
SCORING No scores, ladders or finals permitted	
RESULTS No recording of best players or goal kickers No individual player awards	
⊗ NO REPRESENTATIVE TEAMS	



- Bumping
- Barging
- Smothering
- Fending off
- Shepherding
- Stealing the ball
- Deliberate out of bounds
- Deliberately rushed behind

✓ MODIFIED TACKLING No dumping	
BOUNCING THE BALL 1 max	
KICKING OFF THE GROUND Not permitted unless accidental	
OUT OF BOUNDS From a kick, a free is awarded against the player who last kicked the ball. From hands, or if doubt the umpire shall call a ball up 10m in from boundary	
MARKING Any distance, shows control	
PENALTIES 10m penalty can be applied at umpire's discretion. Players can be ordered off at umpire's discretion	
FIELD UMPIRES Club/Coach (1)	BOUNDARY UMPIRES None
GOAL UMPIRES Club (2)	COACHES On field



MIXED UNDER 11

COMPETITION

GROUND SIZE 130m x 90m	FOOTBALL SIZE 3 - Leather
⊗ ZONES	
15-A-SIDE	
BREAKS 3min 5min 3min	
SCORING Scoring permitted. No ladders or finals.	
RESULTS No recording of best players or goal kickers No individual player awards	
⊗ NO REPRESENTATIVE TEAMS	



- Tackling
- Bumping
- Barging
- Smothering
- Fending off
- Shepherding
- Stealing the ball

⊗ DELIBERATE Out of Bounds or Rush Behind	
BOUNCING THE BALL 2 max	
KICKING OFF THE GROUND Not permitted unless accidental	
OUT OF BOUNDS When a ball goes out of bounds, the field umpire shall throw the ball up 10 meters in front from the boundary line to restart play	
MARKING 10m direct catch	
PENALTIES 25m penalty applied at umpire's discretion. Players can be ordered off at umpire's discretion	
FIELD UMPIRES Association (1)	BOUNDARY UMPIRES None
GOAL UMPIRES Club (2)	COACHES Sideline



MIXED UNDER 12

COMPETITION

GROUND SIZE Full Field	FOOTBALL SIZE 3 - Leather
⊗ ZONES	
18-A-SIDE minimum of 9	
BREAKS 4min 6min 4min	
SCORING Scoring, ladders and finals permitted	
RESULTS Recording of best players and goal kickers Individual player awards permitted	
✓ REPRESENTATIVE TEAMS Peninsula	



- Tackling
- Bumping
- Barging
- Smothering
- Fending off
- Shepherding
- Stealing the ball

✓ DELIBERATE Out of Bounds & Rushed Behinds will be penalised	
BOUNCING THE BALL unlimited	
KICKING OFF THE GROUND Permitted	
OUT OF BOUNDS From a kick, a free is awarded against the player who last kicked the ball. From hands, or if doubt the umpire shall call a ball up 10m in from boundary	
MARKING 15m direct catch	SETUP 6 6 6
PENALTIES 50m penalty applied at umpire's discretion. Players can be ordered off at umpire's discretion	
FIELD UMPIRES Association (1)	BOUNDARY UMPIRES None
GOAL UMPIRES Club (2)	COACHES Sideline

AFL CAIRNS JUNIORS AGE GROUP BREAKDOWN 2020





GIRLS

UNDER 13

COMPETITION

GROUND SIZE 130m x 90m	FOOTBALL SIZE 3 - Leather
⊗ ZONES	
9-A-SIDE up to 16 max	
BREAKS 4min 6min 4min	
SCORING Scoring, ladders and finals permitted	
RESULTS Recording of best players and goal kickers Individual player awards permitted	
✓ REPRESENTATIVE TEAMS U14YG	



- Tackling
- Bumping
- Barging
- Smothering
- Fending off
- Shepherding

- Stealing the ball
- Deliberate out of bounds
- Deliberately rushed behind
- Kicking off the ground

SETUPS 3 3 3 or 5 6 5	
BOUNCING THE BALL unlimited	
OUT OF BOUNDS When a ball goes out of bounds, the field umpire shall throw the ball up 10 meters in front from the boundary line to restart play	
MARKING 15m direct catch	
PENALTIES 25m penalty applied at umpire's discretion. Players can be ordered off at umpire's discretion	
FIELD UMPIRES Association (1)	BOUNDARY UMPIRES None
GOAL UMPIRES Club (2)	COACHES Sideline



BOYS

UNDER 14

COMPETITION

GROUND SIZE Full Field	FOOTBALL SIZE 4 Leather
⊗ ZONES	
18-A-SIDE minimum of 12	
BREAKS 4min 6min 4min	
SCORING Scoring, ladders and finals permitted	
RESULTS Recording of best players and goal kickers Individual player awards permitted	
✓ REPRESENTATIVE TEAMS U14	



- Tackling
- Bumping
- Barging
- Smothering
- Fending off
- Shepherding

- Stealing the ball
- Deliberate out of bounds
- Deliberately rushed behind
- Kicking off the ground

SETUPS 6 6 6	
BOUNCING THE BALL unlimited	
OUT OF BOUNDS When a ball goes out of bounds, the field umpire shall throw the ball up 10 meters in front from the boundary line to restart play	
MARKING 15m direct catch	
PENALTIES 50m penalty applied at umpires discretion. Players can be ordered off at umpire's discretion	
FIELD UMPIRES Association (2)	BOUNDARY UMPIRES None
GOAL UMPIRES Club (2)	COACHES Sideline



GIRLS

UNDER 15&18

COMPETITION

GROUND SIZE Full Field	FOOTBALL SIZE 4 - Leather
⊗ ZONES	
16-A-SIDE minimum of 12	
BREAKS 4min 6min 4min	
SCORING Scoring, ladders and finals permitted	
RESULTS Recording of best players and goal kickers Individual player awards permitted	
✓ REPRESENTATIVE TEAMS U14YG & U17YG, Gold Coast Suns Academy & North v South	



- Tackling
- Bumping
- Barging
- Smothering
- Fending off
- Shepherding

- Stealing the ball
- Deliberate out of bounds
- Deliberately rushed behind
- Kicking off the ground

SETUPS 5 6 5	
BOUNCING THE BALL unlimited	
OUT OF BOUNDS When a ball goes out of bounds, the field umpire shall throw the ball up 10 meters in front from the boundary line to restart play	
MARKING 15m direct catch	
PENALTIES 50m penalty applied at umpire's discretion. Players can be ordered off at umpire's discretion	
COACHES Sideline	BOUNDARY UMPIRES None
GOAL UMPIRES Club (2) U15 Association (2) U18	FIELD UMPIRES Association (1) U15 Association (2) U18



BOYS

UNDER 16&18

COMPETITION

GROUND SIZE Full Field	FOOTBALL SIZE 5 - Leather
⊗ ZONES	
18-A-SIDE minimum of 12	
BREAKS 4min 8min 4min	
SCORING Scoring, ladders and finals permitted	
RESULTS Recording of best players and goal kickers Individual player awards permitted	
✓ REPRESENTATIVE TEAMS U16, U17, Gold Coast Suns Academy, Allstars & Indigenous	



- Tackling
- Bumping
- Barging
- Smothering
- Fending off
- Shepherding

- Stealing the ball
- Deliberate out of bounds
- Deliberately rushed behind
- Kicking off the ground

SETUPS 6 6 6	
BOUNCING THE BALL unlimited	
OUT OF BOUNDS When a ball goes out of bounds, the field umpire shall throw the ball up 10 meters in front from the boundary line to restart play	
MARKING 15m direct catch	
PENALTIES 50m penalty applied at umpire's discretion. Players can be ordered off at umpire's discretion	
COACHES Sideline	FIELD UMPIRES Association (2)
GOAL UMPIRES Club (2) U16 Association (2) U18	BOUNDARY UMPIRES None U16 Association (4) U18

