



RETURN TO TRAINING FOR UMPIRES

STAGE 2, FROM 12 JUNE 2020



STAGE 2 UMPIRE TRAINING CAN RESUME IF THE FOLLOWING PROTOCOLS ARE IN PLACE:

- Umpiring groups must strictly adhere to the maximum of 20 participants (inclusive of coaches), as per the current State Government restrictions, and following the principle of 'Get in, Train, Get out'.
- Strictly no physical contact between umpires can occur.
- Social distancing of 1.5m must be maintained at all times, along with ensuring only 1 person per 4sqm.
- No access to club rooms, changerooms or wet areas can occur.
- Footballs can be used for small group training, however no additional equipment can be used during training.
- A log, or register, of all umpires and coaches in attendance at each training session MUST be maintained and available upon request by either the AFL Queensland or Qld Health authorities.
- Umpires and coaches must remain in the same group, and not switch groups.
- The Return to Training hygiene practices outlined in this document are to be strictly adhered to.
- Online Education is completed by umpires and coaches.

HYGIENE FACTORS FOR A RETURN TO TRAINING

Hygiene Protocols for a Return to Training

- Alcohol based hand sanitisers must be available for all group training sessions, with umpires encouraged to use prior, during and following training.
- There is strictly to be no sharing of water bottles or towels, and it is important to clean and disinfect these items following each training session.
- Umpires and coaches should avoid spitting or clearing nasal passages at training.
- Avoid high fives, handshakes or other physical contact.
- Changerooms, Club and Meeting Rooms and wet areas are not to be utilised for training i.e. Umpires arrive at training in their training gear.
- Footballs to be wiped with antibacterial wipes or alcohol-based sanitiser prior to and after training sessions.
- Umpires are responsible for their own strapping if required. No umpire massages
- If you, or people you have been in contact with are sick, please DO NOT attend training and advise your coach.

General Hygiene Practices

- Wash your hands often with soap and water for at least 20 seconds - If soap and water are not available, use an alcohol based hand sanitiser
- Avoid touching your eyes, nose and mouth
- Avoid close contact with people who are sick
- Stay home and seek medical treatment when you are sick
- Cover your mouth to cough or sneeze

**UMPIRES MUST ENSURE THAT THESE HYGIENE PROTOCOLS ARE IN PLACE FOR ALL GROUPS THAT ARE TRAINING.
IF THESE PROTOCOLS CANNOT BE ACHIEVED THEN TRAINING SHOULD NOT PROCEED.**



RETURN TO TRAINING FOR UMPIRES

STAGE 2, FROM 12 JUNE 2020



UMPIRES CHECKLIST FOR RETURN TO TRAINING

This guide has been established to support Umpires Returning to Training under the current State Government COVID-19 restrictions (in Stage 2 in Queensland). The Umpires have an obligation to strictly adhere to these protocols at every training session. The key principle for training must be 'Get in, Train, Get out'.

- SMALL TRAINING GROUPS OF NO MORE THAN 20**
Umpires can undertake training in groups no larger than 20 people. This includes both umpires & coaches.
- STRICTLY NO CONTACT**
Umpires training must be strictly NON-CONTACT.
- 1.5M SOCIAL DISTANCING**
Umpires training must strictly observe social distancing requirements of 1.5m and adhere to the requirement of no more than 1 participant per 4sqm.
- NO ACCESS TO CHANGEROOMS**
Umpires are aware that all club rooms, changerooms and wet areas are NOT to be used as part of the Return to Training.
- FOOTBALLS ALLOWED, BUT NO OTHER EQUIPMENT**
Umpires are aware that footballs can be used for small group training, however no additional equipment is permitted.
- UMPIRES UNDERSTAND THE RETURN TO TRAINING PROTOCOLS**
All umpires have read, understood and agree to adhere to the Guidelines for a Return to Training document provided by AFL Queensland available on www.aflq.com.au.
- HYGIENE PROTOCOLS ARE IN PLACE**
Umpires have implemented the hygiene protocols as outlined in the Guidelines for a Return to Training document.
- A REGISTER OF PARTICIPANTS**
Umpires have implemented a log, or register, to keep a track of which participants are in attendance at all training sessions, and this is available upon request by AFL Queensland or health authorities.
- COVIDSafe APP & ONLINE EDUCATION**
Umpires have download the COVIDSafe app to help in tracing the spread of COVID-19. Umpires must complete the online COVID-19 infection control training prior to commencing training. The online training course can be accessed [HERE](#).
- LOCAL GOVERNMENT APPROVAL.**
The group has received approval from the Local Government to access the oval for training.
- FOLLOW DIRECTIONS**
Umpires understand that they must follow the direction and advice of Police, Local Government and AFL Queensland at all times.